

# Curanderismo

## Spiritual Protection Techniques

### An Oral Tradition and Initiation Practice

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## Paloma Cervantes

A ONE-DAY WORKSHOP

**Saturday, March 11, 10am–5pm**

**Members: \$125 / Nonmembers: \$145**

Today, highly experienced curandera (traditional Latin folk healer) Paloma Cervantes, will share some ancient “spiritual protection” techniques developed by the native people of western Mexico. Just as we can at times catch a cold from others, we can sometimes absorb other people’s psycho-spiritual problems and/or negative emotions, which makes us ineffective at helping others.

In this workshop we will learn how our daily actions can create harmony with the spirit world. We will also learn how to work with an altar, protection rituals, and much more. This work helps build psychic fields to prevent unhelpful energies from injuring us, and improves our ability to achieve goals and help others.

*Note: A \$7 materials fee is to be paid directly to the teacher for a new jasper cobra stone. A list of instructions will be posted at [opencenter.org](http://opencenter.org). Please arrive early.*

**Code: 17WSN00S**



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**[www.opencenter.org](http://www.opencenter.org)**